

HealthSouth *focus*

FALL 2009



**COMING
SOON: ADULT
NEURO &
MOTOR
FOCUSED
ADVANCED
COURSES**

2010 is just around the corner and Interactive Metronome has big education-related plans. We are currently in the process of putting together a 13 hour Advanced Adult Self-Study Course, focusing on both cognitive and motor skills. The self-study will be ready by the first quarter of 2010 and shortly after we will take the course on the road to HealthSouth facilities. We look forward to sharing this advanced material with you soon.

16 CONTACT HOURS ARE WAITING FOR YOU ON HEALTHSTREAM

It's getting close to the end of the year and we know how important it is to make sure that you have all your CEUs in to keep up your licensure. In response we are offering all HealthSouth employees an opportunity to earn up to 16 credit hours at your own pace. Just login to HealthStream to access the 1 hour courses in the table listed below. All you have to do is watch the video, pass the exam with an 80% score and take the evaluation. Happy learning!

Course Title	Level	0.1 CEUs
Introduction to the Interactive Metronome- History & Research Self-Study	Introductory	AOTA, ASHA
Introduction to IM Pediatric Best Practices Self-Study	Introductory	AOTA, ASHA
Introduction to Interactive Metronome & Gait Mate: Tools to Improve Cognitive & Motor Function Self-Study	Introductory	AOTA
Building a Successful Practice with IM Self-Study	Introductory	AOTA, ASHA
Improving Visual Attention & Processing with Visual-Only IM Self-Study	Intermediate	AOTA, ASHA
Improving Visual Processing & Executive Skills with IM Self-Study	Intermediate	AOTA, ASHA
Using IM for Sensory Integrations- Special Considerations Self-Study	Intermediate	AOTA, ASHA
Using IM for Moderately Dependent, Low-Level Inpatients Self-Study	Intermediate	AOTA, ASHA
Making IM Home Work for Families Self-Study	Intermediate	AOTA, ASHA
Group IM Training Self-Study	Intermediate	AOTA, ASHA
IM & Parkinson's: Preserving Function & Independence Self-Study	Intermediate	AOTA, ASHA
Combining IM and Other Neuro Technologies Self-Study	Intermediate	AOTA, ASHA
Use of IM with TBI Patients Self-Study	Intermediate	AOTA
The Use of Interactive Metronome in Infancy Self-Study	Intermediate	AOTA, ASHA
Using IM in Public Schools- A Pilot Study Self-Study	Intermediate	AOTA, ASHA
IM: Improving Switch Activation for AAC/ Wheelchair Mobility Self-Study	Intermediate	AOTA, ASHA

*NOTE Intermediate courses are only available to those who are IM Certified. You do not need to be certified to take the Introductory level courses.



IM GAIT MATE HAS BEEN ROLLED OUT

The IM Gait Mate has been rolled

out to all HealthSouth facility that have an IM Station.

The IM Gait Mate is a therapy modality for improving a patient's: Stride Length, Heel Strike, Gait Stamina, and Weight Shifting.

The Gait Mate is an extension of IM which has been used by PTs and OTs for almost ten years to assess and treat motor planning, sequencing, coordination and balance. The Gait Mate makes IM's formerly static exercises more functional and allows the patient to work on these neurological processes while walking around the gym or up and down the hall.

IM Gait Mate Feedback from a Physical Therapist

"When clients are using the IM Gait Mate I see a definite improvement in stride length, rhythm and timing of gait (quality of gait, not necessarily gait speed or gait distance). The adults I have worked with who have Parkinson's rarely show a festinating pattern or freezing when using the device; one of my stroke survivors went from using a 3 point pattern with her cane to a 2 point pattern after her first Gait Mate session we tried. The range of the wireless transmitters is great. We can walk the length of the hallway outside the office where I have the IM for about 50' in either direction - about 100' of total walking before needing to turn around."

Jessica Jacklitch, MPT, IM Provider, Courage Center- St. Croix, Burnsville, & Forest Lake, MN



Contact Al Guerra, HealthSouth's Corporate Contact, with any questions at aguerra@interactivemetronome.com or 321-759-5522

INTERACTIVE METRONOME 1ST QUARTER 2010 CERTIFICATION COURSE SCHEDULE

Send your staff to these courses at no charge

2/20	HealthSouth Lake Erie Erie, PA
3/13	HealthSouth Deaconess Evansville, IN
3/27	HealthSouth Henderson Henderson, NV
4/17	HealthSouth North Alabama Huntsville, AL

* 8.0 contact hours (AOTA , ASHA & BOC) are offered pending successful completion of a written exam at the end of the course.

Do you want a Certification Course at your facility? Send your request your IM Certification course to Stephanie Tortorici at stephanie.tortorici@healthsouth.com



HOW DO I REGISTER FOR AN INTERACTIVE METRONOME COURSE?

1. Go to www.inside.healthsouth.com
2. Click on site index
3. Click on ip clinical education department
4. Click on calendar and on course you want to attend
5. OR click on view (upper tool bar) new sessions by course, click on + (plus sign) then click on little heads icon for session you want to attend
6. Click on new enrollment request
7. Click on globe next to students name
8. Type in last name ONLY – do not put a space, comma or first initial)
9. Click on go
10. Click on appropriate name
11. Fill in remaining information (including checking appropriate discipline
12. Click on submit

